



CHALLENGING TEENAGE SONS *presents*

A Workshop for Parents:

Raising Your Son to Be Happy, Responsible & Resilient

without nagging, yelling or punishing

The impact of digital dominance and consumer commercialism have caused our good teenage kids to become dependent on instant gratification. This leads to a risk that our teens may become irresponsible, lazy, entitled, or habituated towards drugs, alcohol or digital devices.

This no-nonsense workshop will give you practical tools to more effectively communicate to your son in a language that he can understand. You'll learn how to activate his own biological masculine wisdom, which will naturally motivate him to be more responsible for his own well being. By the end of the workshop, you'll know how to calmly create a more caring and cooperative relationship with your son.

FAMILY EDUCATORS MARK & ROCHELLE WILL SHOW YOU HOW TO:

- Use effective consequences
- Stop reacting to your son
- Handle the toughest issues
- Deal with hyper-activity or apathy
- Mentor your son to make better decisions
- Work with anxiety and depression

Three Day Workshop

Date: Friday, August 23rd – Sunday August 25th

Friday, August 23rd (7:30pm-9:30pm), Saturday, August 24th (9am -9pm), Sunday, August 25th (9am-noon)

Place: Larkspur Landing Hotel, 550 West Hamilton Ave., Campbell, CA 95008

Fee: \$395.00 (walk in registrations welcome)

A portion of the proceeds benefits non-profit, Young Mens Ultimate Weekend

**Registration: Call (415) 785-8818 or E-mail: info@ChallengingTeenageSons.com
or on the Web: ChallengingTeenageSons.com**

FREE PREVIEW CONFERENCE CALLS: Thursdays, 8-9pm: June 27th, July 25th, August 8th

Free conference call number (605) 313-4822, access code: 564523#



Mark Schillinger, DC is an authority on stress management and personal growth in family dynamics. In 2000 he founded the non-profit, Young Men's Ultimate Weekend, a wilderness rite of passage for young men ages 13-20. He also created Challenging Teenage Sons, which shows parents how to prepare their sons for independence by skillfully optimizing their authority and influence to instill their values.



Rochelle Newman has been a relationship coach for over twenty years. She's a certified Neurolinguistic Patterning (NLP) practitioner and a trained community dispute mediator. She has convened circles for the Center for Women's Leadership and facilitates groups for new mothers at Pediatric Alternatives in Mill Valley. She is the proud mother of a blended family of 4 children and 7 grandchildren.

Endorsed by the non-profit, Young Men's Ultimate Weekend (ymuw.org)